**Guidance Notes – Ealing Roots and Wings Programme Fund**

**What is the Ealing Roots and Wings programme?**

Ealing Roots and Wings is an NHS funded programme for Black-led community organisations in Ealing which support health and wellbeing within the local population.

We have ten grants available for eligible organisations for our 2025 programme.

Successful organisations will:

* Receive a grant of £5000 for a duration of 12 months.
* Be enrolled into a programme for peer research training (for one Black leader or senior member of the organisation). In addition to the grant, we will be compensating the organisation for their time spent on this programme.
* Be part of discussions and listening circles to improve understanding and develop solutions to barriers to healthcare for the Black population in Ealing (during the peer research training programme).
* Be linked into influential, strategic networks and relevant training opportunities (as required by the organisation).

**Why are we running this programme?**

* This programme has been designed in response to demands from the Ealing Race Equality Commission (REC). The REC report was completed in 2022 to understand the local issues related to race and the health inequalities experienced during the COVID-19 pandemic. The report demanded that Local NHS commissioners draw up a clear plan for greater representation of the African and Caribbean communities in both health service provision and leadership positions in health services.
* Ealing Council and health services should review funding for ethnic minority communities, particularly African and Caribbean communities, who have been disproportionately left behind in health structures and services.

We hope that this programme will strengthen relationships between Black-led community organisations across Ealing and other organisations which provide services to Ealing communities, as well as ensure that Black leaders and their communities have their voices heard in conversations and decision-making forums on health and wellbeing.

**What is peer research, and what does the training entail?**

The Ealing Roots and Wings Programme aims to support individuals to lead community-focused research that drives sustainable change.

This programme equips participants with the tools, training, and support needed to explore and address pressing health inequalities within their communities and as part of their role within their organisation.

By fostering a culture of participatory research, the programme strengthens local capacity and encourages collaboration.

Peer research has participation at its heart – allowing members of the community being researched to influence the way knowledge about them is produced and shared.

Additional compensation will cover up to 106 hours of staff time (over the course of a year) on the peer research programme. This includes time spent in training sessions, undertaking fieldwork, analysing data and sharing findings.

**What’s in it for you?**

As a participant, you’ll gain the skills to design and lead your own peer research project, tailored to your interests or co-designed with your community or team. Through guided training, you’ll clarify research objectives, map out fieldwork, and uncover insights that contribute to meaningful, community-led solutions. Additionally, you’ll be part of a dynamic network that promotes knowledge sharing and builds lasting partnerships.

**Who can apply?**

Organisations that apply for this programme must fulfil all of the following criteria:

1. Small community organisations, charities or constituted voluntary organisations with an annual turnover <£200,000.
2. At least 50% of board members or leadership identify as Black ethnicity (African or Caribbean heritage).
3. Delivering activity predominately to improve the health and wellbeing of local Black communities with a focus on helping those most in need. \*

*(\* Improving health and wellbeing may include work on the 'building blocks of health and wellbeing'. This includes improving social connections, the environment, education and skills, employability, access to good food and nutrition, housing, and financial wellbeing.)*

***Organisations operating in wards with the highest deprivation and smaller organisations will be prioritised.***

**Monitoring**

The programme seeks light touch reporting during the 12-month duration of the programme. The schedule for reporting is as follows:

* Start of programme: Baseline questionnaire
* 6 months: Check-in, key highlights, a case-study.
* 12 months: Discussion and monitoring form covering how money has been spent, any demonstrated or anticipated benefits of the programme, any ongoing needs, and feedback on the programme.
* There will be additional opportunities for you to input into the planning and development of the programme. If you decide to take part, the organisation will receive compensation for the time you spend on this.

Please send the completed forms to [development@ehcvs.org.uk](mailto:development@ehcvs.org.uk) by 5pm on 20 January 2025.

For any support needed in completing the application, or if you require the application in an alternative language or accessible format, please contact Iain Elliott at [development@ehcvs.org.uk](mailto:development@ehcvs.org.uk) or 0786 9376836.

We are open to accepting alternative methods of submission, so if you would like to do this, then please contact Iain.