

The Work and Health Programme

We know that finding work can be a long, tough battle and at times might seem impossible. The Work and Health Programme is designed to help and support residents of West London back into work.

The Work and health programme is different from other employment programmes because it recognises that everyone:

- Is different.
- Has their own set of challenges.
- Has their own individual reasons for being out of work.
- Will have a different path to finding a job.



Advantages of the Work and Health Programme

- A dedicated and trained Support Manager who will work with you and build an action plan tailored to your needs.
- You will be introduced to support with trained professionals to help you overcome and manage barriers like physical health problems, mental health problems and wellbeing.
- Help with housing, money or benefit problems.
- If you do not have access to the technology needed to secure a job, the programme will help you access it.
- Access to 200+ roles, sourced by our employment team especially for Shaw Trust customers.
- We can tell you exactly what the job is going to be, before you interview and help you prepare.
- Employability support such as CV writing, interview skills and how to manage returning to work.
- Work trials and placements.
- Does not affect your benefits or cause sanctions.
- Six months of in work support after starting a new role.



Are you Eligible for the Work and Health Programme?

To be considered for the Work and Health Programme, the individual must meet one of the following criteria:

- You have a disability/health conditions as defined by the Equality Act 2010*.
- Are ex-offenders.
- Are carers.
- Are ex-carers.
- Are members of a family where a child is at risk of becoming Looked After.
- Are homeless person or at risk of becoming homeless.
- Are a member or former member of Her Majesty's (HM) Armed Forces (AF).
- Are a working age adult with disabilities known to Adult Services.
- A partner of current or former Armed Forces personnel.
- A person for whom a drug or alcohol dependency.
- A care leaver.
- A refugee.
- A victim of domestic violence.
- A young person in a gang.
- A Person affected by the benefit cap.
- Working age adult with a mental health condition known to secondary care services.

You **do not** have to be claiming benefits

*The following would be defined as a disability/health condition:

- A physical disability.
- A diagnosed mental health condition that has impacted the individual substantially for more than 12 months for example panic attacks, depression, anxiety, eating disorders or personality disorders.
- A diagnosed neurodivergence such as: Autism Spectrum Disorder, Dyslexia, Dyspraxia, ADHD or Tourettes Syndrome.
- HIV or AIDS.
- Cancer.
- Impairments with fluctuating, recurring or degenerative effects such as muscular dystrophy, Multiple Sclerosis, epilepsy, arthritis or Chronic Fatigue Syndrome.
- A sensory impairment, for example a person registered as deaf or blind.
- A disfigurement that affects the individual's ability to live a normal life.
- Organ specific such as asthma or heart disease.

Ready to find out more? Karen.chalk@shaw-trust.org.uk 07745 540502

Go to <https://tinyurl.com/WHPWestLondon> or scan the QR code and we will give you a call back.

You can email us directly at: WLAintegration@shaw-trust.org.uk

