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| **January to February 2022** | Tuesday 4th January    Image result for cheeseCheese  game  and Bowling | Wednesday 5th January  National Bird Day    Discussion, painting and creating | Thursday 6 January  Image result for bingo  Bingo |
| Monday 10th January  Beck Theatre Cinema Trip | Tuesday 11th January  Related image  The Price Is Right  guessing game | Wednesday 12th January  Image result for bowlingBowling | Thursday 13th January  Singing for the Brain |
| Monday 17th January  Plate decorating | Tuesday 18th January  Hand Massage and Pampering Day | Wednesday 19th January  Related imageThe Price Is Right  guessing game | Thursday 20th January  Bingo |
| Image result for cartoon image of balloons"Monday 24th January  Balloon Tennis | Tuesday 25th January  Money, Coin, Cash, Finance, Currency, Investment The Price Is Right guessing game | Wednesday 26th January  Musical instruments and Singing for the Brain | Thursday 27th January  National Chocolate Cake Day – decorating cakes! |
| Monday 31st January  Image result for bowling  Bowling | Tuesday 1st February    Jigsaw puzzles | Wednesday 2nd February  Creativity Day! | Thursday 3rd February  Cheese game |
| Monday 7th February    Games and  puzzles | Tuesday 8th February    Balloon Tennis | Wednesday 9th February      Valentine’s Day Card and Heart Making | Thursday 10th February  https://images-na.ssl-images-amazon.com/images/I/91zBLMYBGTL._SL1500_.jpgReminiscence Box  Afternoon |
| Monday 14th February  Valentine’s Day Afternoon Tea | Tuesday 15th February    Valentine’s Day Card and Heart Making | Wednesday 16th February  Image result for cards playing"Play your Cards right | Thursday 17th February  Flower Arranging |
| Monday 21st February  Paintbrush with blue paint dipped into a jar filled with water against white background Stock Photo - 74747641  Aqua Painting | Tuesday 22nd February | Wednesday 23rd February  Making paper animals | Thursday 24th and  Monday 28th February  Relax free time |

**Please note summary of days out, away from the Centre:**



Dementia Friendly Film: There’s No Business Like Show Business

Starring Ethel Merman, Marilyn Monroe, Donald O'Conno