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| **January to February 2022** | Tuesday 4th January  Image result for cheeseCheesegameand Bowling | Wednesday 5th January National Bird DayDiscussion, painting and creating  | Thursday 6 January Image result for bingoBingo |
| Monday 10th January Beck Theatre Cinema Trip | Tuesday 11th January Related image The Price Is Right guessing game  | Wednesday 12th January Image result for bowlingBowling | Thursday 13th January Singing for the Brain |
| Monday 17th January Plate decorating  | Tuesday 18th January Hand Massage and Pampering Day  | Wednesday 19th January Related imageThe Price Is Right guessing game  | Thursday 20th January  Bingo |
| Image result for cartoon image of balloons"Monday 24th January Balloon Tennis | Tuesday 25th January Money, Coin, Cash, Finance, Currency, Investment The Price Is Right guessing game  | Wednesday 26th January Musical instruments and Singing for the Brain  | Thursday 27th January National Chocolate Cake Day – decorating cakes!  |
| Monday 31st January Image result for bowlingBowling | Tuesday 1st February  Jigsaw puzzles | Wednesday 2nd February Creativity Day!  | Thursday 3rd February Cheese game  |
| Monday 7th February Games and puzzles | Tuesday 8th February Balloon Tennis  | Wednesday 9th February   Valentine’s Day Card and Heart Making | Thursday 10th February https://images-na.ssl-images-amazon.com/images/I/91zBLMYBGTL._SL1500_.jpgReminiscence Box Afternoon |
| Monday 14th February Valentine’s Day Afternoon Tea | Tuesday 15th February  Valentine’s Day Card and Heart Making | Wednesday 16th February Image result for cards playing"Play your Cards right  | Thursday 17th February Flower Arranging |
| Monday 21st February Paintbrush with blue paint dipped into a jar filled with water against white background Stock Photo - 74747641Aqua Painting  | Tuesday 22nd February  | Wednesday 23rd February Making paper animals  | Thursday 24th and Monday 28th February Relax free time  |

**Please note summary of days out, away from the Centre:**



Dementia Friendly Film: There’s No Business Like Show Business

Starring Ethel Merman, Marilyn Monroe, Donald O'Conno